FSSAI

# Draft bars added sucrose and fructose for infants up to 6 months

FSSAI's draft amendment to the Foods for Infant Nutrition Regulations, 2020 proposes that sucrose and fructose not be added to products for infants up to 6 months.

THE FOOD SAFETY AND Standards Authority of India (FSSAI) issued a notification under F. No. RCD-09002/3/2026-Regulatory-FSSAI, dated October 15, 2026, publishing the draft Food Safety and Standards (Foods for Infant Nutrition) Amendment Regulations, 2026. It was published in the Gazette of India, Extraordinary, Part III, Section 4, No. 632, dated October 16, 2026. FSSAI proposes to make the regulations with the previous approval of the Central Government, under section 92(2) of the Food Safety and Standards Act, 2006, and publishes the draft as section 92(1) requires, for the information of all persons likely to be affected. It is signed by Rajit Punhani, Chief Executive Officer.

KEY FACTS

AUTHORITY

FSSAI

PUBLISHED

October 15, 2026

ISSUED BY

Food Safety and Standards Authority of India (FSSAI)

DOCUMENT

Draft Food Safety and Standards (Foods for Infant Nutrition) Amendment Regulations, 2026, notification F. No. RCD-09002/3/2026-Regulatory-FSSAI

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FSSAI · October 15, 2026

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The draft would amend the Food Safety and Standards (Foods for Infant Nutrition) Regulations, 2020. In regulation 3, in sub-regulation 6, after the para, it would insert this proviso: "provided that sucrose and fructose shall not be added in the products intended for infants up to the age of 6 months". The draft does not quote regulation 3(6), so it does not show the text the proviso would follow. Its note records that the principal regulations were published by notification F. No. Stds./03/Notification (IFR)/FSSAI-2017, dated December 4, 2020, and last amended by notification F.No. Std/SP-05/T(IFR-01), dated August 30, 2022.

The draft will be taken into consideration after the expiry of sixty days from the date on which copies of the Gazette publishing it are made available to the public. Objections or suggestions may be addressed to the Chief Executive Officer, Food Safety and Standards Authority of India, FDA Bhawan, Kotla Road, New Delhi-110002, or sent by email to regulation@fssai.gov.in. Those received from any person before the period ends will be considered by FSSAI. The notification does not state the date on which copies were made available, so it gives no closing date.

The draft has a short title but no commencement clause, so it does not say when the amendment would take effect, and it gives no transition period for products already made or on sale. It does not define "products intended for infants" or list the product categories under the regulations it would cover. The proviso names only sucrose and fructose, and the draft does not say whether it reaches sucrose or fructose present in an ingredient rather than added.

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| Issued by | Food Safety and Standards Authority of India (FSSAI) |
| Document | Draft Food Safety and Standards (Foods for Infant Nutrition) Amendment Regulations, 2026, notification F. No. RCD-09002/3/2026-Regulatory-FSSAI |
| Dated | October 15, 2026 |
| Published | Gazette of India, Extraordinary, Part III, Section 4, No. 632, October 16, 2026 |

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| Status | Draft, published for objections and suggestions |
| Would amend | Regulation 3, sub-regulation 6, of the Food Safety and Standards (Foods for Infant Nutrition) Regulations, 2020 (a proviso inserted) |
| Proposed proviso | "provided that sucrose and fructose shall not be added in the products intended for infants up to the age of 6 months" |
| Applies to | Products intended for infants up to the age of 6 months |
| Comment period | Sixty days from the date copies of the Gazette are made available to the public |
| Send comments to | The Chief Executive Officer, FSSAI, FDA Bhawan, Kotla Road, New Delhi-110002, or regulation@fssai.gov.in |
| Takes effect | Not stated in the draft |
| Legal basis | Section 92(2) of the Food Safety and Standards Act, 2006, with the previous approval of the Central Government |
| Signed by | Rajit Punhani, Chief Executive Officer |

The notification (draft regulations) (PDF, 435 KB)

Source: Gazette of India, CG-DL-E-16102026-277221.

Checked against the official copy on October 27, 2026.

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